

## Treatment of antisocial personality disorder: Development of a practice focused framework

L.M.C. van den Bosch <sup>a, b</sup>  , M.J.N. Rijckmans <sup>c, d</sup>, S. Decoene <sup>e</sup>, A.L. Chapman <sup>f</sup>

### Abstract

There is little to no evidence of effective treatment methods for patients with an **antisocial personality disorder** (ASPD). One of the reasons could be the fact that they are often excluded from mental healthcare and thus from studies. A treatment framework based on ‘state of the art’ methods and best practices, offering guidelines on the treatment of ASP and possibilities for more systematic research, is urgently needed. This research involved a literature search and an international Delphi-study ( $N = 61$  experts in research, management and clinical practice focused on ASPD). The results suggested important preconditions with regard to organization of care, healthcare workers and therapy. Conclusions are that there are many ways to coordinate effective treatment and management and work toward the increased availability of evidence based care for persons with **ASPD**.